

# ENJOY YOUR VACATION RESPONSIBLY

5 simple steps for safe summer

1



## PROTECT YOURSELF FROM HIGH TEMPERATURES

- Drink plenty of water.
- Avoid staying in the sun between 10 a.m. and 5 p.m.
- Wear light-coloured clothing, a hat and sunglasses.
- Use sunscreen and UV protection.

2



## PREPARE FOR OUTDOOR ACTIVITIES

- Bring enough water and food.
- Check the weather forecast before heading out.
- Do not go on demanding hikes alone.
- Inform family or friends about your planned route.

3



## PREVENT WILDFIRES

- Do not light fires outdoors.
- Do not throw cigarette butts into nature.
- Follow restrictions and official warnings.
- Report any smoke or fire immediately by calling 112 or 193.

4



## TRAVEL SAFELY

- Plan your journey in advance.
- Take regular breaks while driving.
- Do not drive when tired.
- Follow traffic and weather conditions.

5



## STAY INFORMED

- Follow official warnings and instructions.
- Use reliable information sources.
- Call 112 in emergency situations.



**EUROPEAN EMERGENCY NUMBER**  
Available 24 hours a day, 7 days a week, in multiple languages  
**ONE CALL CAN SAVE A LIFE**



**RESPONSIBLE SUMMER HOLIDAYS**  
Useful tips and recommendations



**WEATHER WARNINGS**  
Follow official weather alerts and warnings



**TRAVEL SAFELY**  
Follow official traffic conditions



**INFORMATION FOR VISITORS**  
Protect yourself and others



Be responsible,  
for yourself and for others

